



Item #: L0091

## Lamb Weston® Sweet Potatoes 5/16" Thin Regular Cut

Brand: Lamb Weston®  
Cut Size: 5/16" Thin Regular Cut  
Package Size: 5/3#

Lamb Weston® Sweet Potatoes will differentiate and expand your menu while being a perfect choice for customers looking for healthier menu options. This versatile 5/16" regular cut fry provides the appeal of a thicker cut but with more servings per case and shorter cook times. Lightly coated with a clear batter to offer maximum hold time and crispiness.

### OPERATOR BENEFITS



Choose from a variety of flavors and sizes in our wide portfolio of offerings.



Drive traffic and charge more for these unique products due to their higher perceived value.



High-quality premium length fries fill up the plate more with fewer strips than budget fries.



These thin cuts cook up faster than thick cut fries.

### NUTRITION AND COOKING METHODS

**Serving size: 3 oz (84g/about 20 pieces)**  
**Servings per container: About 80**  
**Calories [per serving]: 130**

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

| Amount per Serving |         | % Daily Value* |
|--------------------|---------|----------------|
| Total Fat          | 4.5g    | 6%             |
| Saturated Fat      | 0.0g    | 0%             |
| Trans Fat          | 0g      |                |
| Cholesterol        | 0.0mg   | 0%             |
| Sodium             | 170.0mg | 7%             |
| Total Carbohydrate | 21.0g   |                |
| Dietary Fiber      | 3.0g    | 11%            |
| Total Sugars       | 8g      |                |
| Added Sugars       | 3.0g    | 6%             |
| Protein            | 1.0g    |                |
| Vitamin D          | 0.0mcg  | 0%             |
| Calcium            | 20.0mg  | 0%             |
| Iron               | 0.8mg   | 4%             |
| Potassium          | 250.0mg | 4%             |

**Ingredients:** Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Modified Food Starch (Corn, Tapioca, Potato), Sugar, Rice Flour, Corn Starch, Dextrin, Spice, Salt, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Oleoresin Paprika, Xanthan Gum.

**Grade:** A

**Kosher:** No

**Halal:** Yes

| Cooking Method    | Time          | Temperature | Additional Instructions   |
|-------------------|---------------|-------------|---|
| Convection Oven   | 10 - 12 min   | 400°F       | Arrange frozen product in single layer, turn product halfway through baking time. |
| Conventional Oven | 25 - 30 min   | 400°F       | Arrange frozen product in single layer, turn product halfway through baking time. |
| Deep Fry          | 2 - 2 1/2 min | 345 - 350°F | Deep fry from frozen state. Fill basket 1/2 full.                                 |

## SHIPPING AND STORAGE

### Shipping Information

|                   |                |
|-------------------|----------------|
| Item Number       | L0091          |
| GTIN              | 10044979120915 |
| Net Weight        | 15.0 lb        |
| Gross Weight      | 17.0 lb        |
| Count Per Pound   | N/A            |
| Case Cube         | 0.81           |
| Ti/Hi             | 9,13           |
| Country of Origin | US             |
| Shelf Life        | 720 days       |

### Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.